



August 2019

Volume 25 Number 12

Get out your Alien Outfit, Invite your whacky friends, Clean up your Flying Saucers, Build up your Biceps and Triceps for the Dirt Bag Muster, Exercise your Vocal Cords for Laughing and Talking, Clean out your Ears for Local Bands...

...it's BridgeFest Time!

**Saturday, August 17th from 11-5:00
The Very Best 23rd BridgeFest will
Astound Humans and Aliens Alike!**

Both kinds/species/organisms will participate in The Alien & Human Games on the old bridge. There is the 19th annual Intergalactic Flying Sauer Trials where Aliens fly their own ships off the old bridge, while Humans make their own; both trying to hit a teeny, weeny circle... closest wins. You can also throw rocks off the old bridge to try and hit a Pot way down on the river bed - Pot'n'Rock is a 50/50 game...hit the pot and you win 1/2 the money taken in. Starting last year, Jen Bishop, our local saucer head, procured the approval from the Universal Galactic Committee to prepare personalized Intergalactic Passports for all winners of the Old Bridge Games. They are also sold separately so anyone can blip up into the universe whenever they want. Then, of course, if you are weird looking anyways or want to dress up like an Alien, enter the Alien Costume Contest and get a framed mug shot.

The big blast Dirt Bag Muster will again be on the Lawn, with both kinds/species/organisms running a maze carrying a 40 pound bag of soil - winner gets a tote or pallet of soil from Swains Flat Garden Center. A Dunk Tank, crazy stuff and a Bounce House will be the favorite of the Kidz Zone. Along with lots of arts and crafts vendors, this year for the first time

there will be one other food vendor (burritos!) besides our Bridgeville Fire Department BBQ. And don't forget our Pies! And Iced Coffee! The Bridgeville Quilt will be part of the Raffle as always. Watching our Stupendous Master of Ceremonies, Randy Krahn do his fun spiels, the Raffle will be really huge this year, thanks to Maria Navarette and her gang! At least 20 brand new supporters are represented plus our continuing boosters.

And throughout this year the Center has had community events galore - with a variety of community dinners, a yard sale and BBQ plus community forums and discussions on building a new Community Center. Along with our Director and CBI, a special group of volunteers have gathered in the past months to complete a grant application to purchase Bridgeville, create a park and build a new Community Center - the application goes in the first of August, so please send your best thoughts into this being a winner for our community! Our drive-thru dinners are a hit, with Tacos, Spaghetti, Enchilada and Lasagna dinners raising funds for the Center. Next drive-thru dinner, we hear, will be an Island menu! This year the Center started up the 4th Sunday of the Month Breakfast again, gathering in the school gym from 9-11 for food and friendship. PS- There will be no Breakfast in August as everyone will be too pooped from BridgeFest to cook!

Along with all these community activities, the Center continues their Cal-Fresh (formerly Food Stamps) Commodities on the third Friday of the Month at the Center and the 4th Tuesday of the Month at Dinsmore. Don't forget SSI participants now get Cal-Fresh! Happy BridgeFest!

Kate McCay,
Community Member

BridgeFest- August 17th



HWY 36 Construction Update

Highway 36 is closed to public traffic Monday thru Fridays from 8am to 12pm, and 1pm to 5pm. Friday afternoons are 1pm to 3pm. There will be a travel window between 12pm and 1pm where they will let controlled traffic through the closure for an hour. Flagging (one way traffic) will take place before and after these times with 30 minute delays.

Please Drive Carefully. Slow Down. There have been numerous accidents and several deaths on HWY 36 from Mad River to HWY 101. Caution is advised even outside of the construction zone.



You Gotta Try Them!

On mornings on your way down into Fortuna, stop by *Trish's Out Of The Way Café* on School Road by Campton Market. She has wonderful breakfasts and lunches from 6am to 2pm, with a friendly smile and lots of stories. Sit up at the counter just like in the old days and meet your neighbors while reading the paper, having a huge cup of fresh coffee and gabbing. It's great fun, good food, good service and good prices.

The other morning I ordered eggs but didn't want potatoes so I asked for a little bit of fruit instead, thinking I would get a piece of overripe melon, maybe a couple of sliced strawberries. But...my breakfast arrived accompanied by the huge fruit bowl with fresh kiwi, strawberries, blueberries, Bing cherries and watermelon! Wow! This foodie was really impressed, smiling as she buttered and spread homemade jam on their homemade, thick and pudgy biscuits....mmmmm. Good! Stop by and get to know Trish's!

Lyn Javier

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Who are the members of the Bridgeville Community Center Board of Directors?

Kay Brown, Nickie Childers, Joyce Church, Clover Howeth, Lyn Javier, Gabriel Marien

Bridgeville Community Center Mission Statement

"The Bridgeville Community Center is dedicated to improving the quality of life for all our community members. We are committed to bringing people of all ages together to encourage good health, self-esteem, creativity, and personal development."

Bridgeville Community Newsletter

Published monthly by the Bridgeville Community Center

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BridgeFest While They Last!**

Comments and corrections are always welcome. Management is not responsible for any errors, omissions, or other editorial mis-statements, intentional or otherwise. The views expressed by the authors do not necessarily reflect the Bridgeville Community Center or its staff. If you have any other concerns, please submit them in triplicate.



23rd

BridgeFest

Saturday, August 17 11:00-5:00 in Bridgeville

Live Music All Day!

Community
Showcase

Sister Kate - Attila & The Hunz
King Stanley & Friends - Israel Sanchez & Alecia Haselton

Melange had to cancel.

Huge Raffles!

Homemade Pies & Eats!

Fire Dept. BBQ!

30+ Arts & Crafts Vendors

THE GAMES!

On the Old Bridge

Flying Saucer Trials

Rock n' Pot

On the Runway

Dirt Bag Muster

Alien Costume Contest

On the Lawn

Kidz Zone (Kids Only)

BridgeFest is a fundraiser for the non-profit Bridgeville Community Center. For info & Flying Saucer Guidelines www.bridgevillecommunitycenter.org

Inter-Galactic News

A friend of mine, who fancies himself an astrophysicist because he has read both Stephen Hawking's *A Brief History of Time* and Neil de-Grasse Tyson's *Astrophysics for Busy People* says he doubts there are real Aliens at BridgeFest. From his vast store of acquired knowledge he has deduced that nothing can travel faster than the speed of light so how could our Alien friends from FAR away planets get here? Well, what does he know? For the past 23 years I have seen with my own eyes actual Aliens right here at BridgeFest. And, I have personally been 'out there'. I have met and had dinner with 'Those Who Decide All Things'. I *know* Beings can get around the Universe without going the speed of light, I've done it (and yes, without the use of drugs).

How is it done? Well, I've read *Astrophysics For Busy People* too, I know that Time-Space is a continuum and it bends. Our Space Siblings (no brother/sister gender thing) just hop on at one place and hop off at another. Poof! it's that simple. And yes, you ought to be able to time travel too, but if you think even a little about that you'll see what a real mess time travel would make! There are several theories about why we *can't* time travel. The most popular is that someone actually figured it out, realized what a disaster it would be and now, Groundhog Day style, keeps looping back to make a loud noise or offer herself some tea or do whatever is needed to distract herself at the critical moment so time travel is never discovered. What a sacrifice! That dudette/dude is a g-d HERO!

Another method of Interplanetary Travel is *tesseracting*. I'm sure you all saw the movie *A Wrinkle In Time* so I don't have to explain it. It's not as common a method as Time Space loops, just because they are so easy and *tesseracting* is rather exhausting but, it is done.

The third method, atomic deconfiguration/reconfiguration, is the method you see on Star Trek. It looks so easy on TV but this method is extremely difficult. Getting everything apart is not a problem but reconfiguring with all your toes and fingers in the right places takes some real skill. I know a racer who tried it and left half the rockets for her ship back on her home planet. Not to mention she had a tipless tail growing out of her nose. Took her a few years to get back to normal and she never did find the tip of her tail. Lost in space somewhere.

No matter how they have arrived here, let's welcome our Alien Siblings with open arms. Remember to feed them lots of blueberry muffins and show them where to get a killer sandwich from the Bridgeville Volunteer Fire Dept. You might even buy them a raffle ticket.

Lauri Rose, WWQ
InterGalactic Gadfly

2019 BridgeFest

Thank You Supporters !!

Community Businesses and Individual Donations received through July 20

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Blue Moon
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Coast Central Credit Union
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Tractor Supply
Trish's Out of the Way
Valley View Realty
Wildwood Saw
Westside Pizza
White Acres Family Farm
Wycoff's

STILL MORE DONATIONS COMING IN !

Bridgeville is home to BridgeFest, the annual event when Aliens and Humans gather on the old bridge and determine, once and for all, who is Flying Saucer Contest Champion and Grand Emperor of the Universe.



"Dear MFP" (*Master Food Preserver*)

By Dottie Simmons



What's the best food to take on Intergalactic Journeys?

Packing one's flying saucer for a long trip requires some thought. You want to keep the weight and still have plenty of nutritious rations along. It's just like preparing for an emergency on any planet, anytime.

For any journey you want to have enough water. You need 1 gallon per day per person, so consider the length of your voyage and number of passengers and plan accordingly. Water's pretty heavy, so to keep the weight down dried foods are your best choice.

If you're cutting time by traveling at light-warp speed and your trip will only take 1 to 3 days, take high caloric food. Good nutrition is not important on a short trip. Stock up on high-energy items like granola bars and jerky, chocolate and trail mix. This way you take less volume and still meet your needs. You can take powdered drinks, but not too many salty foods that will make you thirsty.

If your older model ship can't hit warp speed or you are taking a long tour across the Universe and it's more than 3 weeks to reach your destination, you'll need good nutrition to arrive in good health. The water rule still holds. Consider 'just add water' dried soups and vegetables. Nuts and dried fruit are good as are salami and peanut butter. Do pack vitamin supplements if you need them. Don't forget prescribed medications if you are taking any.

In a Deluxe Galactic Cruiser you'll have a kitchen and more storage space, so consider bringing canned foods you can heat. Remember, food preparation will require utensils, pots, pans and a can opener. And you'll need more water to wash dishes, so consider edible plates. Less to clean and you won't be adding to the litter that's already floating around in space.

Each item adds weight, so read your ship's manual for weight restrictions and plan carefully. And if it's a family excursion bring foods everyone's familiar with and will happily eat. Trapped in a spaceship in the middle of the universe is no place to squabble over food. You don't want to waste any of it.

So, pack your spaceship and blast off and head on down to Earth for BridgeFest. You can enter the Flying Saucer races and get some great chow, hear some Earthly music, and pick up some nice souvenirs there.

Questions about food preservation? Interested in a demo? Contact us via: bridgevillenews@yahoo.com Questions about the **Master Food Preserver Program?** Contact the Humboldt County Cooperative Extension Office at: (707) 445-7351, or online at: <http://ucanr.edu/mfp>



BRIDGEVILLE VOLUNTEER FIRE DEPARTMENT

by Elsie Seviour

BVFD would like to welcome four new members to our team and would like to congratulate several of them for completing the 2019 engineering classes offered by Fortuna Fire Department. Looking forward to our new crew members and their services. If you are interested in volunteering for the BVFD our fire meetings are the first Tuesdays of every month.

We are currently selling raffle tickets for one of our biggest fundraisers. If you like to purchase tickets, contact any local BVFD volunteer. We also will be selling them during the day at the 2019 annual BridgeFest August 17th, prior to the drawing at the end of the day. We will also be having our infamous BBQ. Stop by and purchase some tickets and a burger or pulled pork sandwiches. Your chance to win some amazing prizes while supporting and visiting your local fire department volunteers. Thank you to the community for your continual support.

Call Log:

June 19- med, traffic collision
June 21- med, Grizzly Creek,
June 23- med, traffic collision
June 23- med, traffic collision w/ extrication
June 24- med, Jaymar Lane
June 25- haz, electrical 21260 HWY 36
June 26- med, Dinsmore: unknown medical
July 8- fire, debris
July 10- fire, wildland, Slater Rd, Kneeland
July 18- med, 37175 HWY 36: fall

BRIDGEFEST INTERGALACTIC FLYING SAUCER TRIALS OFFICIAL Rules and Procedures



The Entry:

An entry consist of a saucer and its associated Pilot. There is a \$5.00 (US Earth currency) fee for each entry. This fee enters your saucer in the contest, entitles you to one launch, and provides one "participant" tag.

The Course:

The course is identified from the east side of the old Bridgeville Bridge to a landing spot on the river bar marked by a red circle with a pole in the center. (The Bridge is approximately 40 feet **ABOVE** the river bar; the goal is about 45 yards east.)

The Game:

The object of the contest is to land your saucer as close to the pole as possible. The winner will be the saucer that lies closest to the pole at the close of the contest.

The Prize:

Prizes of various kinds will be awarded to the 1st, 2nd, and 3rd place winners. Prizes will be displayed at the entry booth. ([go to BBC's website for complete rules](#))

ARE WE CRAZY OR WHAT?

(BACK TO THE LAND in our 60's and beyond)

Birds falling from the Sky and a Blanket

It's weird. About every week we hear a little tweet, or twirp, or psst and find a fledgling bird sitting on the ground after failing its first flight. We have to listen for these sounds very hard and run out to save the little bird as our cats can hear too and are right there, looking down at this itty-bitsy fluff ball of a bird. We gather the bird into our hand, take a photo, and tickle its back and belly, smooth its downy feathers then try to put it back up into the tree where we can see the parents scrambling around, having a cat fit (oops) over their little one not making it into the sky. And most generally that little fledgling just sits there and waits for a parent to land by it, gently push it off the branch to try to fly again....we don't like to look at the second try, you never know. Baby jays, sparrows, juncos, hummingbirds, towhee, even a yellow warbler from the willows, use our big juniper trees, way up high, to build nests in; its branches are close and deep, making a perfect hiding place for a nest. But. All these species nest in the same trees. We think, as humans, that would be like living in the same room as strangers; watching your stranger roommate build a bed, bear a child then make it leave home as a baby, then screech if the child falls down – what did they expect?

Changing the subject. Even today, July 20, we still have to put on a jacket or sweater by 4:00pm! What's going on? We did have 3 days or so of 100 degree weather, then that's it. We admit not missing hot, hot weather. But, Yikes, this is scary! Here we are, today lounging around in an odd temperate climate as storms whip through the Midwest, hurricanes gathering speed all over, towns flooded and without crops. As we drive down into town with our vehicle creating exhaust streaming up into the heavens, we can imagine this exhaust accumulating into a mass blanket over the earth's atmosphere, stopping the earth's reflection of the sun from returning out into space, instead heating up the air we breathe and live in; the Earth's currents and weather altered. Our vehicle is a big part of the cause of all of this and we don't blame the earth for being angry. Moving here, with our little 364 sq. ft. cabin to live in, we thought we would leave a light footprint. On the ground we are, up in the air we aren't. Shame on us. PS. July 21- Larabee Valley Weather 4:00pm, 80 degrees.

Lyn Javier and Kate McCay
TwoCrones Ranch, Larabee Valley

TRCCG News

Two Rivers Community Care Group

Grief (*continued*)

Sometimes grief and mourning can be complicated by being unsanctioned or disenfranchised. People aren't allowed to mourn their 'evil' drug addicted children, they are often expected to simply feel relief that 'it's all over now.' Often times a gay lover, husband or wife is not allowed at a funeral. How does a mistress mourn the death of her married lover? Even if you left your husband years ago and you both remarried his death may still rock you hard. Stillborn children and miscarriages are often minimized as unworthy of full grief. And how about when the cat you have slept with for 17 years dies and your co-workers say, "It was only a cat...go to Miranda's and get another one." It can be terribly painful to have a bucket load of grief but feel like you can't or shouldn't express it.

If someone seems unusually rocked by a death, any death, just be kind to them and treat them like you would anyone in that depth of mourning. This isn't the time for moralizing. Think you wouldn't be so callous? What about the death of someone whose drunk driving killed two teenagers? A chance comment overheard at a party or something posted online can have devastating effects for those who loved that husband, sister, aunt... The circumstances of the death might be horrible but that does nothing to change how those left behind still need to be allowed to grieve their very real loss. Just being compassionate and validating the loss will go a long way to helping those disenfranchised grievers start to heal.

Another kind of grief that is often overlooked or pooh-poohed is anticipatory grief. Caregivers, as well as those sick, often grieve for what they know is coming. Part of what defines humanness is being able to imagine the future. When the future is full of loss the grief can come before the actual loss does. Acknowledging and expressing this grief often lets a person move forward with what has to be done in the moment. Don't tell someone in anticipatory grief, "Cross that bridge when you come to it." They have *feelings* right now and a good cry will go wonders towards letting them soldier on in the hard work of the present.



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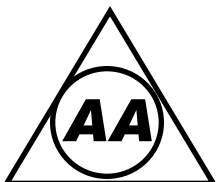
For Information, contact BCC at (707) 777-1775

The Bridgeville Baptist Church

Sunday School- 9:45-10:45 am, Sunday Worship- 11:00-12:00

We are on Alderpoint Road, just past the Bridgeville Bridge off Hwy 36.

The Mad Group - Invites you to join us!!



When: Sundays @ 2:00 pm

Wednesdays @ 5:30 pm

Where: Community Center, Mad River (on Van Duzen Road)

Bridgeville Trading Post

BridgeFest needs volunteers. Aliens and humans welcome. BridgeFest is August 17th, and we need all sorts of volunteers to help greet the aliens who will be descending from all points in the sky. Please call BCC, 777-1775, or come to a BridgeFest meeting.

WANTED: Loving, caring people to help neighbors in need. Two Rivers Community Care Group, a volunteer hospice, seeks volunteers to help neighbors facing life altering illnesses and end-of-life issues. Call the Bridgeville Community Center to volunteer or if you need our services. 777-1775.

Volunteer Firemen Wanted- The Bridgeville, Mad River, and Ruth Volunteer Fire Departments are looking for volunteers. The house they save may be yours or your neighbors. Contact them directly to sign up. Southern Trinity Fire: 574-6536

What to be a STAR? - Southern Trinity Area Rescue (STAR) is needing volunteers for the volunteer ambulances service. We need dispatchers, responders, and drivers. Please call Brooke at 707-574-6616 x209. Please help the community.

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August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Stop Smoking. Before it stops you. Call 1 (800) NO BUTTS				1 BCC board 3:30	2	3
4	5	6	7	8	9	10
11	12 Bridgeville Fire Protection District Board meeting @ 5pm at BCC	13 Bookmobile 10:30	14	15 	16 BCC USDA Food Pantry, 10am-4pm	 BridgeFest 11am-5pm
18	19	20 BCC Mobile Food Pantry- @ Dinsmore, 8:30 am-11:00am	21	22	23	24
25	26	27	28	29	30	31 School is around the corner. Please watch for buses and kids.

WEEKLY:

Mondays: BCC CLOSED

Thursdays: Yoga 10:00 in BES
 Community Potluck Brunch 11:30 – 1

www.BridgevilleCommunityCenter.org

You can receive the Bridgeville Newsletter on-line,
 just email BridgevilleNews@yahoo.com to request
 to be added to the email list.

Local Community Breakfasts



**Bridgeville Breakfast - No Breakfast in August
 due to BridgeFest.** Usually every 4th Sunday in the
 BES gym, 9-11.

**Mad River - Every First Sunday of the Month
 Rivers - Mad River Community Hall 8–11.**